



## 5. Social Etiquette



**At the end of this lesson, you shall be able to:**

- identify and distinguish positive and negative social etiquette
- recognize the impact of negative social etiquette on people
- find ways to implement positive social etiquette.



**Learn Social Etiquette (polite behaviour in society)**

- a. You have been studying very hard for your exams all day long. Finally, you decide to go to sleep at midnight. You are very tired! But, suddenly, from your window you hear a song, which is playing in high volume in your neighbour's home. They are having a surprise birthday party! How will it make you feel?
- b. You are sitting in an autorickshaw with your old grandmother. The auto stops at the traffic light, and there is a long line of vehicles in front of it. As soon as the light turns green, the car behind the auto starts blowing its horn. It keeps doing so for a full 5 minutes. How will it make you and your grandmother feel?
- c. You are a woman. You go to a mall and get into an elevator. Three men get into the elevator with you. They start sharing vulgar jokes with each other. They get out on floor 3. You remain in the elevator and get out on the next floor. How did having to listen to their jokes make you feel? Would you feel insulted or scared or indifferent?

None of the above people committed a 'crime', and yet they caused problems for people in the neighbourhood / public spaces. We all live in this world together. We share our colleges, our streets, our movie halls, and all of the public amenities! Our behaviour can make the lives of other people easier, or it can make their lives very difficult.



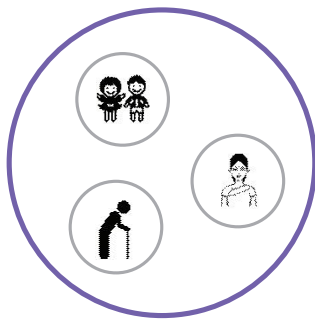
What I already **K**now

What I **W**ant to find out

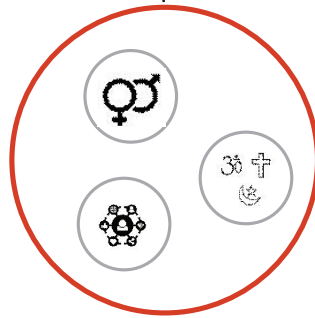
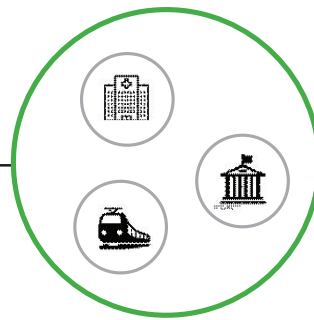
What I **L**earned



Are your actions making them comfortable and safe?



Are your actions keeping them clean and easy for all to share?



Is your behaviour promoting harmony and unity in the society?

Let's find out how can we create a happier and safer society with our simple and everyday actions!

**A quick Social etiquette check:** Every time you want to know, if you are following social etiquette, ask yourself these simple questions given above.



### 1. Stepping into other people's shoes

In our first activity, we will interview any one of the following people:

- a girl or a woman
- a person above the age of 60
- a differently-abled person.

The interview questions are:

Have you ever felt uncomfortable or unsafe while travelling in public transport like bus / train / shared auto / metro? If yes, please share what made you feel uncomfortable.




Have you ever felt uncomfortable or unsafe due to an action of a neighbour? If yes, please share what made you feel uncomfortable.

Have you ever felt uncomfortable or unsafe in your school/ college classroom or in your workplace? If yes, please share what made you feel uncomfortable.

### 2. Recall the last time you travelled by train, and describe what you smelled, saw and felt at the platform and in the train!





Your experience of using railway platform and train.	Liked	Disliked
		
		
		

3. Make a list of etiquettes that all rail passengers should follow to improve all the things you disliked about your visit to the train station!

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4. A list of activities, which people often do is given. In your opinion, what kind of manners are these – good or bad? Share your reasons too.

Sometimes, people ...	Good	Bad	Reasons
urinate by the side of the road			
speak loudly on the phone in restaurants and corridors of colleges, etc.			
travel in the train without ticket			
call the ambulance as soon as they witness a road accident			
blow horns for a long time, as soon as the traffic light turns green			
spit tobacco on the road			
play very loud music in their homes at night or during early morning			
give up their seats for elderly or women on public transports like train, metro, bus, etc.			
throw food wrapper and other waste on the road or in a river or lake			



Complete the What I learned column in the KWL chart.



Can you recall 2-3 instances when you felt unsafe or uncomfortable?

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What did the person do and how did it make you feel?

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Based on your experiences, what are some things that go against social etiquette?

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What are some positive social etiquette habits that you will follow?



Research and make a list of social etiquette that we must follow while:

1. using Public transport
2. using Social media
3. in Office / workplace.

## 6. Role Modelling



**At the end of this lesson, you shall be able to:**

- identify the meaning of 'role model'
- describe your role model
- map the qualities that you have in common with your role model, and identify the ones you want to follow.



**Learn role modelling:** When asked about who our role model is, we often name a famous celebrity! But, did you know that we can also choose a role model from our own life? And, did you know that role modelling is one of the best ways of learning employability skills! Can you guess how?

Let us give you a hint: When you are asked to speak confidently and clearly, do you ever try to speak like someone in your life who, in your opinion, is a great speaker?

If we choose the right role models in life, we can learn a lot. We can learn confidence, communication, professionalism, English and really any skill we want. Life gives us many opportunities to learn from people around us. We can have as many role models as we want. And, we can learn something different from each of them.

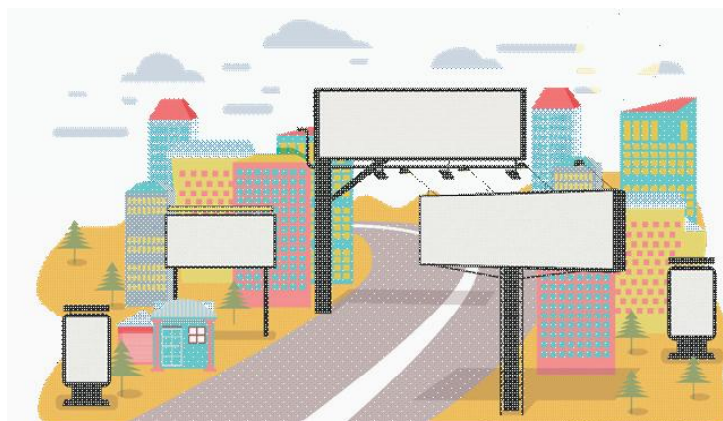
In this lesson, we will discover some ways in which we can find new and great role models.



What I already **K**now

What I **W**ant to find out

What I **L**earned



**Step 1  
Know Yourself**

Know your strengths.  
Know your areas of improvement.  
Believe in yourself.

**Step 2  
Choose your role model**

who has the strengths,  
which you want to gain.  
who is a team player.  
who is hard working.

**Step 3  
Start Learning**

Learn about their successes and failures.  
Learn, but do not copy.  
Seek feedback.  
Who is hard working.

**1. Read the following story in groups of 3 or 4.**

The story of Five Friends – Kumar, Anwar, Rita, Tina and John went out on a picnic one day. They were very close friends and they shared most of their thoughts with each other. They had their lunch out in the open, under a tree. They soon became engaged in a lively conversation. Kumar was the first to raise the question. What would you like to do if you were given a lot of money? How much? Rita asked. Kumar answered. never mind the amount, just enough for whatever you want to do. To this question, Rita replied, I would like to travel, see the world. Tina said, I would like to use the money for my education, I have aspirations to be a doctor. Anwar wanted to build a farmhouse and John wanted to become a pilot. “What would you want to do?” John asked Kumar, to which Kumar replied, “I think I would start a charity home”. Okay let me ask another question to all of you, Rita said, Who in this world do you admire the most? To which Kumar answered Gandhi, of course. What a man! We wouldn’t have had our freedom if not for him. Tina said, well, I think I admire Meera Bai. Her devotion to God was simply divine. What about you, Rita? Rita answers, Well I think I admire Neil Armstrong. He was the man who first stepped on the moon. It must have been terrifying at first. Anwar replied that Amitabh, the actor was his all-time favourite. John said that he had always admired the Wright brothers, who made flying possible.

**2. Choose a partner. Answer the following questions.**

a. Who are the people you admire the most? Why?

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b. What kind of qualities do you admire?

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**3. Make four lists! The bigger, the better.**

People you admire (Celebrities!)	Qualities you admire (Celebrities!)	People you admire (Other people!)	Qualities you admire (Other people!)



#### 4. Now, let's choose our favourite qualities:

Circle the qualities that are the most important ones according to you.

Pick any 2 people from the list. Remember to choose people who are your ideal role models.



Complete the What I learned column in the KWL chart.



Who are role models?

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What are the different qualities based on which we select role models?

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Can both male and female be our role models? Why?

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Imagine if you are someone's role model. What are some qualities that might make them choose you as a role model?

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Choose a non-celebrity role model and interview him/her. Ask them about the story of their lives? What are some of the achievements they are proud of? In their opinion, what were some of their biggest failures?